



GASTROENTEROLOGY INSTITUTE  
*of Southern California*

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PEYTON P. BEROOKIM, MD, FACP

*The Trusted Choice for Advanced, Compassionate Care*

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## CHOOSE A DOCTOR YOU CAN TRUST



Peyton Berookim, MD, FACG is a double board-certified gastroenterologist whose diagnostic and treatment capabilities represent the best of modern digestive healthcare. His reputation for excellence is based on a commitment to providing the most compassionate personal care.

"I'm devoted to helping people of all ages with the full range of GI diseases and conditions. My goal is to give each patient the highest level of care with the best possible outcomes. I believe in giving patients the respect, honesty and care they deserve. My patients have the confidence and trust that I always have their best interest in mind."


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## FOCUS ON RELIEF, NOT PROCEDURES

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Dr. Berookim focuses not on a particular procedure or treatment but on diagnosing, understanding and resolving your unique problem. While he does perform the most advanced minimally invasive endoscopic procedures, he looks for the best treatment for you. Because one-of-a-kind problems need one-of-a-kind solutions.


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## ATTENTIVE CARE, IMPECCABLE SERVICE

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Dr. Peyton Berookim at the Gastroenterology Institute gives you the same personal care and attentive service he expects for himself and his loved ones. He provides a comfortable, caring environment and he takes in pride in treating everyone with kindness, honesty and respect.

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## ADVANCED TRAINING, ADVANCED SOLUTIONS



Patients also choose Dr. Berookim because of his refined skills and techniques with an advanced fellowship training in digestive and liver diseases at UCLA. Dr. Berookim offers expert, state-of-the-art procedures for preventing esophageal and colon cancer. He performs today's most advanced minimally invasive procedures to diagnose and treat a variety of problems affecting the digestive tract.



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## PREVENTING COLON CANCER



Dr. Berookim is keenly interested in colon cancer screening, prevention and surveillance. Colonoscopy is a safe outpatient procedure recommended for all adults starting at age 50 (45 for African Americans).

Colonoscopy is both diagnostic and therapeutic, so it can remove problems such as polyps. Dr. Berookim also performs the high tech Third Eye Colonoscopy which provides an additional backward or retrograde view of the colon. This new technology helps detect polyps hidden behind the folds of the colon and therefore decreasing the risk of colon cancer.



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## PREVENTING HEARTBURN AND ESOPHAGEAL CANCER



Heartburn may be the first sign of a more serious problem... gastroesophageal reflux disease (GERD). If you have heartburn or acid indigestion more than twice a week, you may have reflux disease. Dr. Berookim can diagnose GERD and treat your symptoms to minimize your risk of developing Barrett's esophagus, a precursor to esophageal cancer.

Dr. Berookim is also trained to treat Barrett's using endoscopic radio-frequency ablation (RFA) offering new hope to those suffering from Barrett's. Experts believe that endoscopic radiofrequency ablation therapy can prevent patients from developing a fast-growing form of cancer called esophageal adenocarcinoma.



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## COMPASSIONATE CARE FOR BLOATING, CONSTIPATION AND IBS



Your colon may be overly sensitive to the contractions that move food through the intestines, causing pain, bloating and strong urges for bowel movements. This is known as irritable bowel syndrome, or IBS.

Symptoms may include:

- Frequent constipation or diarrhea with pain
- Abdominal pain after eating
- Abdominal bloating, gas

Small intestinal bacterial overgrowth (SIBO) is another condition which can cause similar symptoms.



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## THE SMARTEST PILLS YOU'LL EVER SWALLOW



### **PillCam ESO Capsule Endoscopy:**

Dr. Berookim offers a revolutionary procedure for visualizing the esophagus. This 20 minute procedure allows Dr. Berookim to detect and monitor abnormalities such as esophageal varices, esophageal ulcers, Barrett's esophagus and esophageal cancers.

Patients swallow a small pill-sized video camera that takes hundreds of pictures of the esophagus that Dr. Berookim can later evaluate for abnormalities. Less invasive than a traditional EGD (upper endoscopy), the ESO pill is performed in the comfort of our office without the need for sedation.



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## THE SMARTEST PILLS YOU'LL EVER SWALLOW



### **PillCam SB Capsule Endoscopy:**

Until capsule endoscopy came along, the small intestine was always difficult to image and treat without open surgery. This diagnostic technology allows Dr. Berookim to detect lesions, ulcers, tumors, and bleeding within the small bowel.

The patient swallows a pill-sized video capsule to photograph the inside lining of the small intestine. The capsule takes thousands of photographs that are later reviewed by Dr. Berookim. It is commonly used to evaluate for abdominal pain, diarrhea, GI bleeding, iron deficiency anemia and Crohn's disease.



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## OUTSTANDING CREDENTIALS

**Fellow:** Fellow of the American College of Gastroenterology

**Board-Certified:** American Board of Gastroenterology,  
American Board of Internal Medicine

**Fellowship Training:** Digestive Diseases, UCLA David  
Geffen School of Medicine, Los Angeles, CA

**Residency:** Internal Medicine, Charles Drew University,  
Los Angeles, CA

**Member:** American College of Gastroenterology, American  
Gastroenterological Association, American Society for  
Gastrointestinal Endoscopy, American Medical Association,  
Los Angeles County Medical Association

**Hospital Privileges:** Cedars-Sinai Medical Center

**Awards:** America's Top Gastroenterologist, America's Top  
Physicians, UCLA Chancellor's Humanitarian Award,  
Patients' Choice Award, Best of Beverly Hills Award,  
Los Angeles Magazine *Super Doctors*



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## AFFILIATION WITH TOP HOSPITAL AND OUTPATIENT FACILITIES




It is important to know where your procedure will be done and where your gastroenterologist has hospital privileges. Dr. Berookim performs his procedures in settings that support his dedication to world-class care. Outpatient procedures are done at the fully equipped, state-of-the-art LaPeer Surgery Center in Beverly Hills. Dr. Berookim also performs procedures and treats patients at Cedars-Sinai Medical Center where he maintains privileges. Cedars-Sinai ranks #4 in the US for treatment of gastrointestinal disorders. (US News and World Report's 2013 Best Hospital Rankings).




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## WORKING WITH YOUR DOCTOR TO MEET YOUR NEEDS

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The Gastroenterology Institute of Southern California supports total healthcare by making processes easier on primary-care physicians and other referrers. We offer same-day emergency appointments, handle insurance verification, provide open access colonoscopy and maintain regular detailed communication with referring physicians and other consultants.

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## THE CONVENIENCE YOU NEED



Patients who visit Dr. Berookim enjoy the following benefits and advantages:

- Beautiful, modern, patient-centered office
- Exceptional care
- Knowledgeable, courteous staff
- Same-day appointments available
- Electronic medical records and online patient portal
- Open access colonoscopy
- Most insurance accepted and filed
- Conveniently located near the famous Robertson boutique shops and restaurants



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## CONTACT US



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